

LEVEL – 1



KEY DISCUSSION & TRAINING:

- ▶ Types of Cupping & Advanced Methodologies
- ▶ Cupping as per Ayurveda, Unani, Physiotherapy, etc.
- ▶ Sunnah Hijama Cupping
- ▶ Detailed Cupping Methods – Wet & 16 Types of Dry Cupping
- ▶ Point System as per Scientific Approach
- ▶ Management of Cupping in Various Disorders
- ▶ Other Discussion: Indications, Contraindications, Management with Hands-On and Practical Demonstration



Lectures Conducted By :-

Dr. B Nadeem

(Ayurvedacharya, Speaker & Master Trainer in Cupping Therapy)

KEY DISCUSSION & TRAINING:

- ▶ Advanced Techniques in Cupping Therapy
- ▶ Management of Cupping through Musculoskeletal Disorders like sports injuries, pain, etc.
- ▶ Management of Cupping through Gynecological Disorders like PCOS, infertility, etc.
- ▶ Management of Cupping through Digestive Disorders like GERD, IBS, gastritis, etc.
- ▶ Management of Cupping through Skin Disorders like fungal infections, acne, eczema, etc.
- ▶ Cosmetic Cupping

Lectures Conducted By :-

Dr. B Nadeem

(Ayurvedacharya, Speaker & Master Trainer in Cupping Therapy)



LEVEL – 3



KEY DISCUSSION & TRAINING:

- ▶ Leech Therapy & Its Management in Various Diseases
- ▶ Raktamokshana & Its Management in Various Diseases
- ▶ Venesection / Siravedana / FASD Therapy
- ▶ Chakras & Marmas with Their Management in Various Diseases
- ▶ Chinese Blood Letting Techniques & Their Management in Various Diseases



Old students can join our
Level 3 and Revision

Lectures Conducted By :-

Dr. B Nadeem

(Ayurvedacharya, Speaker & Master
Trainer in Cupping Therapy)

Dr. Rizwan Mansuri

(BAC, Acupuncturist)

